

212.414.2921

Back in Action©

A Stretch Class for Teens

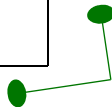
Fridays 5:00PM – 6:00PM

Call to reserve space

\$150/Five Classes

Groups of 3 – 5 students

This class is for teens who like Yoga/Stretching (or have wanted to try them) but find movement challenging or painful.



The Center for Kinesthetic Education/2007
wellnesscke.net

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Martha Eddy, CMA, Ed.D. is Director of the Center for Kinesthetic Education (CKE). She is a Registered Somatic Movement Therapist specializing in neuro-developmental assessment and sensory-motor integration as well as an Exercise Physiologist, and Dance Educator having served on the faculty of Columbia University, Teachers College, the Laban Institute of Movement Studies (LIMS), and the School for Body-Mind Centering, for 10 years each.

Please call or email ASAP. 212-414 2921

www.WellnessCKE.net info@wellnessCKE.net