



**A Body-Mind Centering Approach with
Dr. Martha Eddy, CMA, RSMT**



**Basic Neurocellular Development Practice:
Learning How Babies Develop, and How it Affects Adult
Posture and Movement**

**5 Session Workshop Series:
Thursdays, September 29th– October 27th
9:30-12:00 pm
Full Workshop Fee: \$375
Single Class Fee: \$75*
*Single Class Fee with Instructor Permission**

Learn about the nervous system in its earliest stages of embryogenesis; its effect on brain development and developmental biology in this series of Basic Neurocellular Development Workshops. This class explores the question “how does one become sensitive to a child’s neurodevelopment status,” and touches on assessment of kinesthetic, perceptual and motor capacity in adults and children.

Movement is the kinesthetic pathway to physical health, cognitive learning, emotional expression, and neuro-developmental growth. Discover ways of using movement and creative expression to create positive social-emotional exchanges.

Workshop credits applied to Dynamic Embodiment™ -Somatic Movement Therapy Training



**Classes are held at
Moving on Center at The Center for Kinesthetic Education
49 West 27th Street, Mezz B NY, NY 10001
www.MovingOnCenter.org/DynamicSMTT**

**To Register for a Single Class please contact our office no later
than 3PM the Wednesday before the class of your choice.**

**Call or Email to Register
(212) 414-2921 info@WellnessCKE.net**

Martha Eddy, EdD, CMA, RSMT, is a sought-after lecturer/author, and licensed teacher of Body-Mind Centering® with thirty years of clinical experience. She has served on the faculties of the certification programs of the School for Body-Mind Centering® and the Laban/Bartenieff Institute of Movement Studies™ since 1984. Focusing on the role of movement in socio-emotional-cognitive development, she founded the Dynamic Embodiment™ - Somatic Movement Therapy Training program and cofounded Moving On Center School for Participatory Arts & Somatic Research. *Body-Mind Centering* is the registered trademark of founder Bonnie Bainbridge Cohen.