



CENTER FOR KINESTHETIC EDUCATION (CKE)

*-multi-disciplinary approaches to learning, development & well-being -
Using Movement, Touch & Creative Interaction CKE provides:*

Group Sessions for infants, children, and adults:

Brain Game Tutoring Using the Creative Arts and Multi-sensory methods
BodyMind Centering
Fluid Dancing
Developmental Movement Therapy
Eye Relaxation and Vision Therapy Support
Movement Analysis (LMA and Bartenieff Fundamentals)
Neuro-developmental/Perceptual-motor evaluation
Neurofascial Treatment with Cranio-Sacral support
Nonverbal Communication Skills
Occupational Therapy
Pilates Exercise, Yoga, and Somatic Education
Somatic Movement Therapy

K – 12 Education Consultation

Staff Development Services
Skills for Handling and Fostering Development
Dynamic Learning in the Classroom: Stress Reduction, Academic Achievement
& Creativity
Peaceful Play Programming in Pre-K to Grade 12 settings
Advocacy for Children with Special Needs: sensori-motor education
Dance Education and Arts Education: Curricular & Staff Development/
Programmatic Evaluation

Specialized Health Programs: Design and Implementation

“Moving On Aerobics” dance exercise for women with breast cancer
“Gentle Aerobics” for people with all types of cancer
“Moving On Breathing Power” for people with cardiopulmonary problems
“Balance and Breath for Elders”
“Easing Physical Stress”
“By Design” exercise program development

Lectures, Classes and Resources

Children’s Active Development Program

Infant & Toddler Developmental Check-In



Parent Lecture Series

NY Kids on the MOVE: Movement and Socio-emotional Integration

Classes & Mini-camps/ Small group classes for 3 or 4 children:

movement fun and interaction with peers with cerebral palsy, hemiplegia, learning disabilities, progressive developmental delays, sensory integration needs and spectrum challenges.

Adult Programs

Moving On Classes

BodyMind Dancing

Senior Balance & Breathe Dance/Exercise classes

Yoga

Professional Training:

Somatic Movement Therapy Training/ SMTT

Affiliated with Moving On Center

Contact: Martha Eddy, CMA, Ed.D. SMTT Director and Founder

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Martha Eddy's Somatic Movement Therapy Training (SMTT), founded in 1991, now called SOMActionsm, teaches how to attune with one's own and then others' movement habits by skillfully listening, observing and touching. Learn to identify and support anatomically efficient and expressive movement (using the Laban/Bartenieff system) and underlying developmental and physiological activity (using BodyMind Centering® principles). SMTT students practice matching clients' physical needs and deep motivations, and using improvisational tools to discover healthy and dynamic behavior together. This training is designed for working with people of all ages and abilities. It is centered on Eddy's Dynamic Growth Cyclesm: observe, acknowledge, and accept; provide body-mind-spirit support, and explore diverse ways of being. Somatic Movement Educators and Therapists become registered by ISMETA and may train to teach Eddy's

BodyMind Dancingsm & Moving On Aerobicssm .

