



Winter/Spring
2016
ONGOING
In NYC

DANCE CLASSES

BodyMind Dancing Taught by Martha Eddy & BMD Faculty

*Mondays at 1pm** Balance ARTS Center, 34 W. 28th St

*Tuesdays at 4pm*** Pono School, 2002 Fifth Ave @ 124th St

Cost: \$20 per class, or \$50 for 3 classes

First class is \$10 and each time you bring a friend you both dance for \$10!

*NEW CLASS: Thursdays at 2pm**** 92nd Y 1395 Lexington Ave

*No class between 12/28/15 and 1/25/16

**Class meets 1/19, 2/16, and 3/15

*** Begins 2/4, cost is \$267 for 19 classes

Join the mailing list: bodyminddancingoffice@gmail.com

Follow us on Facebook: www.facebook.com/Body-Mind-Dancing

WORKSHOPS
Winter-Summer
2016

Moving For Life Certified Instructor (MFLCI) and Certified Instructor of BodyMind Dancing (CIBMD)

Martha Eddy's DE Faculty teach Intro to LMA, Bartenieff and Embodied Physiology over weekend workshops worldwide

Winter/Spring 2016 in NYC

Trainings are offered in weekend workshops through May 2016 and do not need to be taken sequentially

January in San Francisco

St. Mary's College, January 10 – 16

June in North Carolina

University of North Carolina Greensboro

~Developmental Movement-BMC & Bartenieff/BodyMind Dancing~

June 23-25

Korean ADTA Conference ~Developmental Movement~

June 27- July 2 in Japan

Moving for Life

Contact: INFO@MovingForLife.org

Visit: WWW.MovingForLife.Org

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