



## **INTERACTIVE METRONOME at CKE with Dr. Martha Eddy and Staff**

The Interactive Metronome (IM) is a brain-based rehabilitation assessment and training program developed to directly improve the processing abilities that affect attention, motor planning and sequencing. This is accomplished by using innovative neurosensory and neuromotor exercises developed to improve the brain's inherent ability to repair or remodel itself through a process called neuroplasticity. This, in turn, strengthens motor skills, including mobility and gross motor function and many fundamental cognitive capacities such as planning, organizing and language.

Individuals with motor planning and sequencing problems, speech and language delays, motor and sensory disorder, learning disabilities and various cognitive and physical deficits may benefit from the IM program. Adult and pediatric patients who have benefited from IM include those with:

Sensory Integration Issues  
Asperger Syndrome  
Autism Spectrum  
ADD/ADHD  
Cerebral Palsy  
Traumatic Brain Injury (TBI)  
Balance Disorders  
Parkinson's Disease  
Incomplete Spinal Cord Injury  
Developmental Challenges

IM is integrated with the context of Movement Therapy and Somatic Education. Dr. Martha Eddy, a Neuro-Developmental Movement Therapist and an IM provider, is available by appointment for IM sessions.

To make an appointment please call 212-414-2921 or email [info@wellnessCKE.net](mailto:info@wellnessCKE.net).

For more information about Interactive Metronome please visit [www.interactivemetronome.com](http://www.interactivemetronome.com)

