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| **Winter-Spring 2017****ONGOING Dance Classes In NYC****.** | **NYC AREA DROP-IN CLASSES****BodyMind Dancing™** Taught by Martha Eddy & Faculty\*Visit [www.DynamicEmbodiment.org](http://www.DynamicEmbodiment.org) classes for updates\*\*Skype available **Monday** 6:15-7:30pm @ [Movement Research](https://movementresearch.org/event/4613) at Eden’s Expressway Ongoing class through June 12. **Thursday**9-10:15am @[BAX](http://bax.org/homepage/) (1/26-3/30)- Brooklyn Arts Exchange2-3pm @ [92Y, Manhattan](http://www.92y.org/Class/BodyMind-Dancing-1.aspx)  Feb. 2-June 8 Save money register for the Series! Also an on-going drop in class. \*\*5:30-6:30pm @ [PONO](http://pono.nyc/) in Harlem (March 16, April 20, May 18) **Friday**\*\*5:30-6:30pm @[Balance Arts Center](http://www.balanceartscenter.com/) Chelsea (Feb. 10, Mar 10, April 14, May 12) **Saturday** \*\*1pm @ [Eureka!](http://eurekamoves.org/) (Feb 4, 11, and 18/March 4, 11, 18/April 8, 15, 22) Register for 3 at a time \*See online calendar for weekly teachers as well as for cancelled classes. \*\* To join Skype classes email: bodyminddancingoffice@gmail.com 36 hours in advance of the class **Moving for Life classes**Taught by Martha Eddy & Faculty\*See [movingforlife.org](http://www.movingforlife.org/class-calendars.htm) for a full list of classes and lectures with diverse faculty  |

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| **WORKSHOPS and LECTURES\*****2017***\*For most current updates always check dynamicembodiment.org google calendar and www.drmarthaeddy.com for the most recent list of book talks*Can I have access to the [BMD calendar](http://desmtt.movingoncenter.org/classes.html) on the DE webpage to update this? The pre-requisites aren’t on the calendar yet. I am having trouble finding details about the [a-la-cartet workshops](http://www.movingforlife.org/register-for-a-la-carte-workshops.htm) on the MFL webpage- location-time- ect.*\*For most current updates always check dynamicembodiment.org google calendar and www.drmarthaeddy.com for the most recent list of book talks***Certifications 2017/2018***\*For most current updates please check dynamicembodiment.org google calendar and* [*www.drmarthaeddy.com*](http://www.drmarthaeddy.com)*Includes info on Martha Eddy’s most recent book talks for* [*Mindful Movement*](http://press.uchicago.edu/ucp/books/book/distributed/M/bo23351830.html)**Around the USA and Europe** **SOMATIC** **MOVEMENT****WORKSHOPS****ALL VALUABLE TOWARD CERTIFICATION***\*For most current updates please check dynamicembodiment.org google calendar and* [*www.drmarthaeddy.com*](http://www.drmarthaeddy.com)*Includes info on Martha Eddy’s most recent book talks for* [*Mindful Movement*](http://press.uchicago.edu/ucp/books/book/distributed/M/bo23351830.html)**NYC AREA** **SOMATIC** **MOVEMENT****WORKSHOPS****ALL VALUABLE TOWARD CERTIFICATION****Dynamic Embodiment™ Somatic Movement Therapist and/or****Somatic Movement Educator Certification Training** | **2017****January 23 – January 31, 2017 San Francisco Bay Area****Jan 25-29 Workshop**: [*Developmental Movement and Integration*](http://www.movingoncenter.org/admission/)[www.movingoncentrer](http://www.movingoncentrer) *org*Martha will also be available for book talks, lectures and private sessions Jan 30 – Feb 2**Feb 2 – February 4, 2017 Vancouver, Canada**Martha will be in Vancouver offering private sessions and introductory and advanced somatic workshops as well as book signing.**February 16, 2017** HAMPSHIRE COLLEGE - Politics & Somatics Panel Discussion on: Race, Body & Activism, 12:30 – 2pm – Amherst, MA**March 20 – 25, 2017 ARIZONA****March 20 – 25, 2017** Arizona State University Residency**Saturday March 25, 2017** Somatic Dancing Introductory Pedagogy Workshops: Day one of [Moving for Life](http://www.movingforlife.org/) Certified Instructor (MFLCI) and Certified Teacher of [BodyMind Dancing™](http://desmtt.movingoncenter.org/cert.html) (CTBMD) Training **April – May 2017**New York City areaMartha will be available for residencies and book talks, email: drmarthaeddy@gmail.com**June 13 -** *Mindful Movement - the Evolution of the Somatic Arts and Conscious Actio***n – book talk at the JCC of Manhattan****June 3- 14, 2017** Montclair State University *(Martha teaches Anatomy with Bartenieff Fundamentals and Embodied Physiology in low-residency MFA program at MSU)***June 16 – 22, 2017****June 16 -**  Somatic Dancing Pedagogy Workshop/Orientation for Certification: Day one of [Moving for Life](http://www.movingforlife.org/) Certified Instructor (MFLCI) and Certified Teacher of [BodyMind Dancing™](http://desmtt.movingoncenter.org/cert.html) (CTBMD) Training**June 17 - 22** [BodyMind Dancing™](http://desmtt.movingoncenter.org/cert.html) & [Moving for Life](http://www.movingforlife.org/instructor-training.htm) pre-requisite July coursework: [*Summer Somatics: Laban Movement Analysis & Embodied Physiology*](https://vpa.uncg.edu/dynamic-embodiment/)additional classes on Fri June 16 and June 19- 21 fulfills 6 hours of BMD classes and 4 hours of pedagogy for teacher training workshop at University of North Carolina Greensboro for a separate fee . Can combine with NJ intensive July 10-13 for completion in 2017.**June 23, 2017** Keynote Speech at [Moving From Within Movement Analysis Conference](http://www.tanztherapie-zentrum.de/index.php?lid=2&cid=322&pid=322) *Embodied Observation: Using Dynamic Embodiment in Assessment and Interventions*Munich, Germany **June 24, 2017** [Global Water Dances](http://globalwaterdances.org/)This event takes place at 200 sites around the world. In 2017, Martha will be joining from Munich, Germany **July 6, 2017** Book talk for [*Mindful Movement*](http://press.uchicago.edu/ucp/books/book/distributed/M/bo23351830.html)to launch C-DARE Conference6pm at Coventry University, England *Dance and Somatic Practices Conference* July 7-9 put on by the [Center for Dance Research](http://www.coventry.ac.uk/research/research-directories/research-events/2016/dsp-conference-2017/) (C-DARE) Coventry University, England**July 8-9, 2017** BMC Developmental Movement Workshop Montclair State University, NJ – taught by Dana Davison 10 – 5pm – Register with [Moving For Life](http://movingforlife.org/register-for-a-la-carte-workshops.htm)**July 10-15, 2017** [*BodyMind Dancing™*](http://desmtt.movingoncenter.org/cert.html) *(July 10 -13) and* [*Moving for Life*](http://www.movingforlife.org/instructor-training.htm) *pedagogy (July 12 – 15)* Residential program open to students from the USA and around the world Montclair State University, NJ Easy commute from NYC.**July 23-28, 2017** [Somatic Movement Emersion Workshop](https://www.eomega.org/workshops/somatic-movement-immersion#-workshop-description-block) Omega Institute, Rhinebeck, NY**July 28 – 30, 2017** [Body-Mind Centering®](https://bmcassociation.org/Conferences) Conference Texas State University **Early August 2017** Martha will be in Dallas, TX *Contact:* *drmarthaeddy@gmail.com* *to set up book talks, lectures and private sessions* **End of August 2017** Somatic Dance Intensive at The YardChilmark, Massachusetts on Martha’s Vineyard**October 19-22, 2017** Congress On Research in Dance (CORD)Ohio State University **November 12-14** National Dance Education Organization (NDEO) Conference *Cultivating Equity and Access: Dance Education for All* *San Antonio, TX* More INFO on SOMATIC DANCE Certifications**[BodyMind Dancing™](http://desmtt.movingoncenter.org/cert.html) and** [**Moving for Life**](http://www.movingforlife.org/)**Teacher Certification Trainings****THREE-PART TRAINING**1. Pre-Requisite Coursework (44 hours)2. Classes (26 hours required, see schedule listed above)3. Somatic Dance Pedagogy Intensives (30 hours)Pre-Requisite\* Coursework: 4 sections*\*In addition to the pre-requisite course options listed below, some pre-requisite work can be obtained at the Laban Institute of Movement Studies in Brooklyn, and with Dana Davison through visiting* [*somaticanatomy.com*](http://www.somaticanatomy.com/)*. Pre-requisite coursework obtained from other teachers and locations must be approved by Martha Eddy.* 1. **Laban Movement Analysis**

NYC Area: January 23, 2017 [Laban Movement Analysis through Dynamic Embodiment Workshop](http://www.movingforlife.org/register-for-a-la-carte-workshops.htm) February 17-19@ Brooklyn Arts Exchange Check Google calendar on dynamicembodiment.org for workshopsOutside NYC: January 27-29, March 11-13, May 14, 2017 Japan @ [Mucogawa Jyoshi University](http://www.mukogawa-u.ac.jp/english/index.htm) Intro to Laban Movement Analysis/Bartenieff fundamentals Workshop, Ryoko Sugimoto and Yuki Hashimoto (contact: CMA & MFLCI Ryoko: idiotryoko2@yahoo.co.jp and Yuko at yhash1@u.brockport.edu) April 28, 29 2017 [Florence, Italy](http://desmtt.movingoncenter.org/workshop.html): Lorella Rapisardo and other RSME-Ts who are CMAs, Licensed Teachers of BMC and/or Dynamic Embodiment Practitioners around the world (email associazione.thymos@gmail.com for more info) June 15- 22, 2017 @ University of North Carolina Greensboro: [Summer Somatics](https://vpa.uncg.edu/dynamic-embodiment/)course with Martha Eddy 1. **Bartenieff Fundamentals**

NYC Area: January 30, 2017 [Bartenieff Fundamentals through Dynamic Embodiment Workshop](http://www.movingforlife.org/register-for-a-la-carte-workshops.htm) Check Google calendar on dynamicembodiment.org for workshops or limsonline.org for additional NY area workshopsOutside NYC: January 27-29, March 11-13, May 14, 2017 Japan @ [Mucogawa Jyoshi University](http://www.mukogawa-u.ac.jp/english/index.htm) Intro to Laban Movement Analysis/Bartenieff fundamentals Workshop, Ryoko Sugimoto and Yuki Hashimoto (contact: CMA & MFLCI Ryoko: idiotryoko2@yahoo.co.jp and Yuko at yhash1@u.brockport.edu) March 25, 2017 - University of Arizona (see above)June 2017 and 2018 @ University of North Carolina Greensboro: *Summer Somatics* course with Martha Eddy April 8, 9 2017 [Florence, Italy](http://desmtt.movingoncenter.org/workshop.html) Lorella Rapisardo and other RSME-Ts who are CMAs, Licensed Teachers of BMC and/or Dynamic Embodiment Practitioners around the world (email associazione.thymos@gmail.com for more info) 1. **Embodied Physiology – A Body-Mind Centering® Approach**

NYC Area: February 7,2017 [Body Systems Embodied Physiology Workshop](http://www.movingforlife.org/register-for-a-la-carte-workshops.htm) March 3-5 @ Brooklyn Arts Exchange Outside NYC: June 15- 22, 2017 @ University of North Carolina Greensboro: *Summer Somatics* course with Martha Eddy - INCLUDES LABAN MOVEMENT ANALYSIS1. **Developmental Movement - A Body-Mind Centering® Approach**

NYC Area: January 16, 2017 [Developmental Movement through Dynamic Embodiment Workshop](http://www.movingforlife.org/register-for-a-la-carte-workshops.htm) Febuary 2017 Feb. 10, 11 & 12 @ Brooklyn Arts Exchange Outside NYC: July 8-9, 2016 at Montclair State University June 2018 @ University of North Carolina Greensboro: *Summer Somatics* course with Martha Eddy Somatic Dance Pedagogy Intensives – (MFL & BMD)**June 15** at UNCGPedagogy workshop intensive for BMDJune 19 – 21 – evening BodyMind Dancing classes**July 10-15** at Montclair State University4- 6 days options for students who meet the pre- requisites to certify in Moving For Life and/or BodyMind Dancing™ faculty training programs. Montclair State University is in NJ, a 20-minute bus ride outside of NYC. BodyMind Dancing™ Pedagogy Workshops (30 hours) July 10-14, 2017, 4-6 hours each day Moving For Life Certified Instructor Pedagogy Workshops (24 hours)(with Dr. Martha Eddy & Dana Daviso)July 12-15, 2017 (Wed–Sat), 6 hours each day [BodyMind Dancing Application](http://desmtt.movingoncenter.org/cert.html)[Moving For Life Application](http://www.movingforlife.org/2017-application.htm)[Moving For Life Schedule and Fees](http://www.movingforlife.org/2017-schedule-fees.htm) [BodyMind Dancing Schedule and Fees](http://desmtt.movingoncenter.org/Files/BodyMind%20Dancing%202017%20%20TEACHER%20TRAINING.pdf) **REGISTERED SOMATIC MOVEMENT** **PRACTITIONER CERTIFICATION****Dynamic Embodiment™ Somatic Movement Therapist/Educator Certification Training** ***Advanced Training for Somatic Studies Students***This is a training that invites avid students and current practitioners with at least 300 hours of prior study with RSMTs and RSMEs in somatic movement, bodywork or psychology. This study must include LMA, BF, & BMC. Any other somatic coursework offered by a RSMT/E may be submitted for possible credit. Many of Martha’s workshops and lectures can be counted as hours towards DE certification. Final DE Pedagogy work will be completed in workshops offered in Germany starting in 2018, more info to come. Contact: officeofmarthaeddy@gmail.com to inquire about eligibility for DE training and for ways to meet necessary pre-requisite coursework before the training kicks off summer 2018.This program is ISMETA approved. [BodyMind Dancing Certification 2017](http://desmtt.movingoncenter.org/Files/BodyMind%20Dancing%202017%20%20TEACHER%20TRAINING.pdf) BodyMind Dancing™ Teacher Certification authorizes you to combine phrases and teaching strategies from Bodymind Dancing™ with your own creativity and dance ability. The training teachers you to integrate skilled touch and movement principles from Dynamic Embodiment (a unique Synthesis of Body-Mind Centering® and Laban Movement Analysis/Bartenieff Fundamentals) as well ascompassionate community building. You will combine the best of these modalities as a BMD teacher, whether you work with professional dancers or with the general public or anyone in between! One of the first somatic dance systems BodyMind Dancing™ has been part of conferences and festivals internationally, taught in universities and in pen studios since 1986. 1. **Pre-requisites** 46 hours of courses in the underlying methods, theories and practices of Developmental Movement, Laban Movement Analysis, Bartenieff Fundamentals and Body Systems/Embodied Physiology, as they relate to health and wellness. These classes are designed to help you assess your students’ movement needs from a Dynamic Embodiment perspective\*
2. **Classes:** BodyMind Dancing™ (20 - 30 hours) <http://desmtt.movingoncenter.org/classes.html> - you may drop-in anytime to classes, in person and some classes by skype. Other BMD classes are offered by teachers around the world.

**June 16 2017 at UNCG: 4 hours of BMD Pedagogy workshop intensive for BMD will also be offered –June 19-21 BMD classes open to the public on Mon, Tues and Wed evenings.** **Time to announced: most likely 5 or 5:30-7pm. (Check in about exact time)****III. Pedagogy:** BodyMind Dancing™ Pedagogy Workshops (30 hours) . July 10-14, 2017 at Montclair State University: 4- 6 days options for students who meet the pre- requisites to certify in Moving For Life and/or BodyMind Dancing™ faculty training programs. Montclair State University is in NJ, a 20-minute bus ride outside of NYC. 1. **Assessment:** Written exam/lesson plans and practical demonstration exam

[Schedule and Fees](http://desmtt.movingoncenter.org/Files/BodyMind%20Dancing%202017%20%20TEACHER%20TRAINING.pdf)College credit may be available for students matriculated in dance studies at St. Mary’s College MFA, University of North Carolina’s MADE, Montclair State University MFA or in self-designed programming in your chosen discipline with SUNY-Empire State College MALS & IUPS in somatic psychology. |
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