



Somatic Intensive at CKE with Martha Eddy

Dynamic Embodiment – Somatic Movement Therapy Training

July 18 – 28th 2009 in New York City

Take one course or take them all!

Principles and Philosophy of Human Movement Expression and Efficiency: Perspectives from Laban Movement Analysis

~learn Laban Movement Analysis (LMA)
Saturday & Sunday July 18th - July 19th 10am – 5pm

Perceptual-Motor Development

~Body-Mind Centering® Neuro-Developmental and Bartenieff perspectives
Monday – Thursday July 20th - July 23rd 9:15am – 12pm

Theories of Somatic Education: Embodied Anatomy and Physiology

~Body Mind Centering (BMC) body systems & exercise physiology
Monday – Thursday July 20th - July 23rd 1:30pm - 4:45pm

Communication and Non-verbal Expression/Body Language©

~engage with the body-mind connection in movement and language
Monday & Wednesday July 20th & July 22nd Time TBA

Dynamics of Touch©, Movement and Health:

~Martha Eddy's signature Somatic Integration Seminar**
(Hands-on practice and exercise protocol design using LMA, BF, BMC, & DE-SMTT skills)
Friday July 24th 9:30am - 12pm &/or 1:30pm - 5pm

Bartenieff Fundamentals (BF) of Body Movement: A somatic approach to well-being

Sat & Sunday July 25th - July 26th 10am – 5pm

Costs:

10 – 12 hours courses: 1 course \$395; 2 courses \$750; 3 courses \$1100 4 courses \$1450
Short courses: Dynamics of Touch, Movement and Health course \$200 Body Counseling: \$125
ALL courses: \$1500

Graduate credit can be available both to those who have been admitted to
the SUNY –ESC/MALS or to non-matriculated students who qualify.

American Council on Exercise (ACE) independent study CEUs generally available.
These courses are Phase 1 of *Dynamic Embodiment Somatic Movement Therapy Training (DE-SMTT)*
and/or the *Somatic Fitness Certification Program* directed by Martha Eddy, CMA, Ed.D.

*Faculty includes CKE, DE-SMTT, and Movements Afoot instructors.

**By permission of instructor; has pre-requisites.

Apply for Phase 2 DE-SMTT: \$500 deposit & 2-day orientation: Monday – Tuesday July 27th – 28th
CMAs, BMC grads, and Registered ISMETA practitioners are welcome to join classes at reduced rates or may request
to study Dynamic Embodiment SMTT beginning with Phase 3: May 16 – June 20, 2010

CHECK Out our www.wellnessCKE.net for up-to-date info

