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Introduction to Laban Movement Analysis (LMA)

For Educators, Trainers, and Therapists

Join master teacher Martha Eddy, CMA, RSMT, Ed. D. in a seminar designed for educators, fitness practitioners, and therapists working with adults and children. Learn how to observe body language and movement patterns with students and clients. Gain a language for describing your assessments in classes or private sessions, and in discussions with caretakers. Become familiar with (or review) the basic elements of LMA (Body, Space, Effort and Shape) and then practice applying Laban/Bartenieff concepts to your work.

DATES: July 19th and 20th TIME: July 19th 2:00-8:00PM July 20th 9:30AM-4:30PM COST: \$300

REGISTRATION: email: info@wellness.net or call: 212.414.2921

Martha Eddy, CMA, Ed.D., developmental movement therapist and educational consultant, is known worldwide for cross-fertilizing BMC and LMA after ten years of teaching in the Certification programs of both Bonnie Bainbridge Cohen (Body Mind Centering) and Irmgard Bartenieff (Laban/Bartenieff Institute of Movement Studies), having worked with each pioneer directly. She is now Director of the Center for Kinesthetic Education a resource and direct service provider for infants and children with special needs as well as those children and adults interested in enhancing their neuro-motor abilities and expressive potential. Dr. Eddy also helps to place children in appropriate schools assessing and matching learning styles to effective educational programming and does program development in schools and hospitals who are interested in wellness, movement and the addressing the needs of the whole person, alive and moving.